

CERTIFICATE OF PARTICIPATION

This is to certify that

**Tlou Macdonald
Mokgolo**

Has successfully participated & completed the

32km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 04:26:44

PACE 08:19/km

**GENDER 254 of
303**

OVERALL 332 of 438

**SENIOR (20-
39) 120 of
143**



26 October 2019, Sat

Date

BoutTime

Signature

